



Telmisartan & Hydrochlorothiazide Tablets

Telklein-H

Product Overview

Product Name: **Telklein-H**

Formulation: Telmisartan & Hydrochlorothiazide Tablets

Strength: Telmisartan 40 mg + Hydrochlorothiazide 12.5 mg

Dosage Form: Tablets

Composition per Tablet

Each film-coated tablet contains:

- Telmisartan IP ... 40 mg
- Hydrochlorothiazide IP ... 12.5 mg
- Excipients ... q.s.

DESCRIPTION

Telklein-H is a fixed-dose combination of Telmisartan and Hydrochlorothiazide used for the treatment of hypertension (high blood pressure). Telmisartan is an angiotensin II receptor blocker (ARB) that relaxes blood vessels by blocking the action of angiotensin II, thereby lowering blood pressure. Hydrochlorothiazide is a thiazide diuretic that helps remove excess salt and water from the body through urine. Together, they provide effective blood pressure control and help reduce the risk of cardiovascular complications associated with hypertension.

INDICATIONS:

Used in the management of:

- Essential hypertension (high blood pressure).
- Patients whose blood pressure is not adequately controlled with Telmisartan alone.
- Reduction of the risk of cardiovascular complications associated with uncontrolled hypertension.



Dosage & Administration

Adults:

One tablet once daily or as directed by the physician.

The tablet may be taken with or without food, preferably at the same time each day.

Do not exceed the recommended dosage without medical supervision.

CONTRAINDICATIONS

- Hypersensitivity to Telmisartan, Hydrochlorothiazide, sulfonamide-derived medicines, or any component of the formulation.
- Anuria (absence of urine output).
- Severe renal impairment.
- Severe hepatic impairment or cholestatic disorders.
- Refractory hypokalemia or hypercalcemia.
- Pregnancy, particularly during the second and third trimesters.

PRECAUTIONS

- Monitor blood pressure, kidney function, and serum electrolytes periodically.
- Use with caution in patients with renal or hepatic impairment.
- Correct fluid or electrolyte imbalance before initiating therapy.
- Avoid dehydration, especially in elderly patients or those receiving diuretic therapy.
- Use cautiously in patients with diabetes, gout, or systemic lupus erythematosus.
- Avoid use during pregnancy unless specifically prescribed.

SIDE EFFECTS

Common:

- Dizziness.
- Headache.
- Fatigue.
- Increased urination.
- Low blood pressure (hypotension).
- Electrolyte imbalance (such as low potassium).

RARE:

- Allergic reactions
- Impaired kidney function
- Elevated blood uric acid levels
- Photosensitivity reactions
- Severe hypotension



STORAGE INSTRUCTIONS

Store in a cool, dry place below 25°C.
Protect from direct sunlight and moisture.
Keep out of reach of children.

PRESENTATION

Alu Alu pack containing 10 × 10 tablets.

SCHEDULE

Schedule H Prescription Drug – To be sold by retail on the prescription of a Registered Medical Practitioner only.

Warning: Schedule H drug – Not to be sold by retail without the prescription of a Registered Medical Practitioner.

Made in India for:



H.no:1-2, GaneshNagarColony, Kuntloor, Hayathnagar
R.R.Dist, Telangana, 501505.