



Telmisartan & Cilnidipine Tablets

Telklein-CL

Product Overview

Product Name: **Telklein-CL**

Formulation: Telmisartan & Cilnidipine Tablets

Strength: Telmisartan 40 mg + Cilnidipine 10 mg

Dosage Form: Tablets

Composition per Tablet

Each film-coated tablet contains:

- Telmisartan IP ... 40 mg
- Cilnidipine IP ... 10 mg
- Excipients ... q.s.

DESCRIPTION

Telklein-CL is a fixed-dose combination of Telmisartan and Cilnidipine indicated for the treatment of hypertension (high blood pressure). Telmisartan is an angiotensin II receptor blocker (ARB) that blocks the action of angiotensin II, resulting in relaxation of blood vessels and reduction in blood pressure. Cilnidipine is a dual L-/N-type calcium channel blocker that relaxes vascular smooth muscle and reduces peripheral vascular resistance. Together, these complementary mechanisms provide effective blood pressure control and help reduce the risk of cardiovascular complications associated with hypertension.

INDICATIONS:

Used in the management of:

- Essential hypertension (high blood pressure).
- Patients whose blood pressure is not adequately controlled with monotherapy.
- Reduction of the risk of cardiovascular complications associated with uncontrolled hypertension.
- Long-term blood pressure management.

Dosage & Administration



Adults:

One tablet once daily or as directed by the physician.

The tablet may be taken with or without food, preferably at the same time each day.

Do not exceed the recommended dosage without medical supervision.

CONTRAINDICATIONS

- Severe hepatic impairment.
- Hypersensitivity to Telmisartan, Cilnidipine, or any component of the formulation.
- Pregnancy, particularly during the second and third trimesters.
- Severe hypotension or cardiogenic shock.

PRECAUTIONS

- Monitor blood pressure, renal function, and serum electrolytes periodically.
- Use with caution in patients with renal or hepatic impairment.
- Monitor serum potassium, especially in patients with kidney disease or those receiving potassium supplements or potassium-sparing diuretics.
- Use cautiously in elderly patients due to the risk of excessive blood pressure reduction.
- Avoid dehydration and excessive alcohol intake during therapy.
- Use during pregnancy only if specifically advised by the physician.

SIDE EFFECTS

Common:

- Dizziness
- Headache
- Peripheral edema (ankle swelling)
- Fatigue
- Flushing
- Hypotension (low blood pressure)

RARE:

- Hyperkalemia
- Impaired kidney function
- Allergic reactions including angioedema
- Syncope (fainting)
- Elevated liver enzymes

STORAGE INSTRUCTIONS



Store in a cool, dry place below 25°C.
Protect from direct sunlight and moisture.
Keep out of reach of children.

PRESENTATION

Alu Alu pack containing 10 × 10 tablets.

SCHEDULE

Schedule H Prescription Drug – To be sold by retail on the prescription of a Registered Medical Practitioner only.

***Warning: * Schedule H drug** – Not to be sold by retail without the prescription of a Registered Medical Practitioner.

Made in India for:



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