



Vitamin D3 1000 IU softgel

kleinhirn's D3

PRODUCT INFORMATION LEAFLET

Brand Name: [**kleinhirn's D3**]

Generic Name: Vitamin D3 softgel capsules

Strength: 1000 IU (Cholecalciferol)

Dosage Form: Softgel Capsules

COMPOSITION

Each softgel contains:

- Cholecalciferol (Vitamin D3) ... 1000 IU (equivalent to 25 mcg)

Excipients: q.s.

DESCRIPTION

Vitamin D3 (cholecalciferol) is a fat-soluble vitamin that helps the body absorb calcium and phosphorus. It is essential for healthy bones, teeth, and immune system function.

Supplementation with Vitamin D3 helps prevent or treat vitamin D deficiency, especially in individuals with limited sun exposure or dietary intake.

INDICATIONS

Used in the prevention and treatment of:

- Vitamin D deficiency
- Osteopenia and osteoporosis
- Rickets and osteomalacia
- Support in calcium and bone metabolism
- Immune system support
- General wellness and fatigue management



DOSAGE AND ADMINISTRATION

Adults and adolescents (12+ years): One capsule daily or as directed by the physician.
Should be taken preferably with meals for better absorption.
Do not exceed the recommended dosage without medical supervision.

CONTRAINDICATIONS

- Hypersensitivity to Vitamin D3 or any component of the formulation
 - Hypercalcemia or hypervitaminosis D
 - Renal calculi (kidney stones) or severe renal impairment without medical advice
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PRECAUTIONS

- Monitor calcium and vitamin D levels in long-term users
 - Use with caution in patients with kidney disorders or sarcoidosis
 - Avoid use with other high-dose vitamin D supplements unless prescribed
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SIDE EFFECTS

Common (usually with overdose):

- Nausea
- Constipation
- Metallic taste
- Headache

Rare (usually with prolonged high doses):

- Hypercalcemia
 - Kidney stones
 - Fatigue, muscle weakness
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STORAGE INSTRUCTIONS

Store in a cool, dry place below 25°C.
Protect from direct sunlight and moisture.



Keep out of reach of children.

PRESENTATION

Bottle containing 60 softgel capsules

SCHEDULE

Nutraceutical / OTC – To be used under medical supervision if taken long-term or in special populations (pregnancy, elderly, chronic illness).

Made in India for:



H.no:1-2, GaneshNagarColony, Kuntloor, Hayathnagar
R.R.Dist, Telangana, 501505.